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Nota di contenuto	Sleep related breathing disorders -- Opioid central sleep apnea / Kamal Nasser and Shelley Kapen -- Fourteen-year-old with sleep disordered breathing and excessive daytime sleepiness / Leslie H. Boyce -- A harsh noise in the night / Giovanna Calandra-Buonaura, Federica Provini and Pietro Cortelli -- An infant with obstructed breathing / Zafer N. Soultan and Ran D. Anbar -- Hypersomnias of central origin -- My child falls at school / Tik Dion Fung and Marcel Hungs -- A sleepy-head / Antonio Culebras -- A roller-coaster of neurological diagnoses / Baruch El-Ad -- Circadian rhythm disorders -- A shift worker falls repeatedly / Teresa Canet -- Parasomnias: REM-sleep-associated parasomnias -- Extreme dreams / Philip King -- Odd sleep-related behaviours / Hrayr P. Attarian -- Paralyzed and unable to breathe /

Hrayr P. Attarian -- Nightmares and numbness in the right arm / Philip Cherian, Elizabeth Budman, and Antonio Culebras -- Screaming at night / Maha Alattar and Bradley V. Vaughn -- Violent sleep behavior resulting in subdural hemorrhage / Mark Eric Dyken, Kyoung Bin Im and Adel K. Afifi -- Arousal Disorders -- Amnesic nocturnal behaviors / Michael J. Howell and Carlos H. Schenck -- A terrified and terrifying scream / Hrayr P. Attarian -- Frequent night-time wanderings / Hrayr P. Attarian -- An adult sleepwalker who was sleep-deprived / Teresa Canet -- Other parasomnias -- Seeking food in the night / Giovanna Calandra-Buonaura, Federica Provini and Pietro Cortelli -- The case of the missing loaf of bread / Cherridan Morrison Rambally -- Gaining weight while asleep / Michael J. Zupancic -- Vivid images in the bedroom / Michael H. Silber -- Noisy breathing during sleep / Roberto Vetrugno and Pasquale Montagna -- Sexsomnia and obstructive sleep apnea / Carlos H. Schenck and Mark W. Mahowald -- Sleep-related epilepsy -- The anxious hitting sleeper / Giovanna Calandra-Buonaura, Federica Provini and Pietro Cortelli -- Bad dreams / Philip King -- Sleep-walking or seizing? / Mark Eric Dyken and Deborah C. Lin-Dyken -- Seizures, parasomnia or behavioral disorder? / Mark Eric Dyken and Deborah C. Lin-Dyken -- Sounds of choking at night / Bradley V. Vaughn and Chon Lee -- Fighting in sleep / Lynn V. Kataria and Bradley V. Vaughn -- Sleep and stroke / Teresa Canet -- Sleep-related movement disorders -- Violent tongue biting recurring during sleep / Roberto Vetrugno and Pasquale Montagna -- A child with behavioral problems and violent sleep behavior leading to trauma / Mark Eric Dyken and Deborah C. Lin-Dyken -- Clicking all night / Maha Alattar -- Repetitive arm movement / Maha Alattar and Bradley V. Vaughn -- Restlessness and jerking upon recumbency when trying to fall asleep / Roberto Vetrugno and Pasquale Montagna -- Jumping and yelling while asleep / Rosalia Silvestri -- A case of attention deficit / David E. McCarty -- Neuromuscular disorders and sleep -- Snoring and leg cramps / Antonio Culebras -- So tired I take naps in the morning / Antonio Culebras -- Epworth Sleepiness Scale.

Sommario/riassunto

Sleep disorders are increasingly recognized as a major clinical problem, with significant morbidity and considerable economic importance. This compendium of case studies presents a diverse range of situations which challenge the problem-solving abilities of all those interested in sleep disorders, covering both common and unusual cases. Each case begins with a clinical history, followed by examination findings and special investigations and culminating in diagnosis, treatment and management, with discussion of differential diagnosis where appropriate. Focusing attention on the major categories of sleep medicine, including insomnia, hypersomnias, sleep-breathing disorders, parasomnias, movement disorders, circadian dysrhythmias and the neurology of sleep, this clinical guide promotes integrative thinking and diagnostic skill. Historical and review citations, illustrations and concise real-life stories stimulate memory and facilitate learning. Written and edited by an international cadre of sleep professionals, this book will inform and challenge established specialists and provide a stimulating teaching tool for those in training.