Record Nr. UNINA9910785145703321 Autore Bager-Charleson Sofie <1959-> Titolo Why therapists choose to become therapists: a practice-based enquiry // Sofie Bager-Charleson; on behalf of the United Kingdom Council for Psychotherapy Abingdon, Oxon;; New York, NY:,: Routledge,, 2018 Pubbl/distr/stampa **ISBN** 0-429-92403-8 0-429-90980-2 0-429-48503-4 1-282-78041-7 9786612780417 1-84940-766-5 Descrizione fisica 1 online resource (238 p.) Collana **UKCP** series Disciplina 150.1954092 616.8914092 Soggetti Counselors - Training of Counseling - Vocational guidance Lingua di pubblicazione Inglese **Formato** Materiale a stampa Livello bibliografico Monografia "Combining excellence in psychotherapy and counselling."--Cover. Note generali Nota di bibliografia Includes bibliographical references (p. 151-158) and index. Nota di contenuto Cover; Copyright; Contents; Acknowledgements; About the Author and Members of the Reflective Writing Group; Introduction; Chapter One: The way we "story" our experiences; Chapter Two: Why do therapists choose to be therapists?; Chapter Three: Reflective practice; Chapter Four: Sofie's story: growing up with mental illness in the family; Chapter Five: Sheila's story: how meanings emerge between people: Chapter Six: Francesca's story: working with the givens of life; Chapter Seven: Sherna's story: cults, culture, and context; Chapter Eight: Susan's story: working with the beyond Chapter Nine: Pam's story. Design or destiny: what brings us to therapy and the place of the self and possible self-disclosure in the therapeutic allianceChapter Ten: Concluding reflection; References Sommario/riassunto Almost two decades ago, the psychoanalyst Sussman concluded that the therapist's motivation for practicing was a neglected area. Is this

maybe a question best left alone? This book revisits the question. The

authors support Sussman's rationale for raising the issue in the first place and wonder if much has changed since he referred to it as a 'neglected' area twenty years ago? This is an inquiry that moves from personal musing to collaborative and systematic inquiry. At the heart of the book lie six separate accounts as told by counsellors and psychotherapists in a reflective writing- and peer s