

1. Record Nr.	UNINA9910785144903321
Autore	Wake Lisa <1962->
Titolo	The role of brief therapy in attachment disorders // Lisa Wake ; on behalf of the United Kingdom Council for Psychotherapy ; with contributions and foreword by Betty Alice Erickson
Pubbl/distr/stampa	London : , : Karnac, , 2010
ISBN	0-429-90782-6 0-429-48305-8 1-282-78000-X 9786612780004 1-84940-858-0
Descrizione fisica	1 online resource (225 p.)
Collana	UKCP Karnac series
Disciplina	600 616.8914
Soggetti	Attachment behavior Brief psychotherapy
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	On behalf of the United Kingdom Council for Psychotherapy.
Nota di bibliografia	Includes bibliographical references (p. 171-188) and index.
Nota di contenuto	COVER; CONTENTS; ACKNOWLEDGEMENTS; ABOUT THE AUTHOR; FOREWORD; CHAPTER ONE: The purpose of the book; CHAPTER TWO: The inner world of the client through the brief therapies; CHAPTER THREE: Attachment theory and recent developments in neuroscience; CHAPTER FOUR: Creating potential for repair and growth in the brief therapies - With contributions from Betty Alice Erickson; CHAPTER FIVE: Outcome orientation as a model of psychotherapy; CHAPTER SIX: The therapist's role in brief therapy; CHAPTER SEVEN: Conclusions; REFERENCES; INDEX
Sommario/riassunto	"Provides a comprehensive summary of the range of approaches that exist within the brief therapy world, including Cognitive Analytic Therapy, Cognitive Behavioural Therapy, Eye Movement Desensitisation and Reprocessing, Ericksonian Therapy, Neurolinguistic Psychotherapy, Provocative Therapy, Rational Emotive Behaviour Therapy, and Self Relations Therapy. Historically, many of the founders of these therapies commenced their psychotherapy careers as psychodynamic or systemic

therapists, and have changed their allegiance to briefer therapies, viewing these as more respectful and offering greater potential for assisting the client to change through an outcome-oriented approach. Most of these brief therapies operate from a principle of reframing the subjective reality of the client and providing a focus on the future as an effective way of engendering change. The therapies are discussed in the light of emerging theories of neuroscience and direct links are made to attachment disorder and the underpinning theory of object relations. A series of case studies bring these theoretical concepts into life and challenges the notion that attachment disorders can only be addressed through a prolonged psychodynamic relationship with the client. The book considers the potential for neurological repair, growth and ongoing development of the individual through the work of Schore, Gerhardt and Hart amongst others. This opportunity for repair is then linked to the latest theories on attachment disorders and the role of the therapist in creating the optimum environment for change is considered."--Publisher.
