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Titolo	Psychoanalysis and positivity // by Mariam Alizade
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ISBN	0-429-91775-9 0-429-90352-9 0-429-47875-5 1-282-77987-7 9786612779879 1-84940-711-8
Edizione	[First edition.]
Descrizione fisica	1 online resource (219 p.)
Disciplina	150.19/88 150.1988
Soggetti	Positive psychology Psychoanalysis Emotions
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	Cover; Copyright; Contents; A Few Words About The English Version; Introductory Remarks; Chapter One: Positivity in psychoanalysis; Chapter Two: Theoretical fundamentals; Chapter Three: Clinical work and positivity; Chapter Four: Psychoanalysis and mental health; Chapter Five: Repetition and its reversal; Chapter Six: Trauma and positivity; Chapter Seven: The internal setting; Chapter Eight: Reanalysis and impasse; Chapter Nine: Clinical vignettes; Chapter Ten: An essay on joy; Closing Words; References
Sommario/riassunto	Without falling into unwarranted enthusiasm or naive optimism, the book examines how positivity operates, and goes on to investigate the concept of the construction of an internal framework, the reversal of repetition, and the problematic issues raised by impasse and trauma. Just as psychoanalytic treatment without tears does not exist the book argues that neither does psychoanalytic treatment without joyfulness.

Tears and laughter are part of the universe of the analysts consulting room and in the clinical fluctuation between distress and satisfaction, pleasure and displeasure, the analyst accepts both extremes. Humour becomes therapeutic, as do outbreaks of joyfulness in sessions, when the mind is fleetingly freed from the burden of illness.

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