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Nota di contenuto	Cover; Contents; About the Authors; Chapter 1 - Introduction; Chapter 2 - So You Want to Do a Psychology Degree?; Chapter 3 - Managing Yourself and Others; Chapter 4 - Doing Psychology; Chapter 5 - Teaching Situations; Chapter 6 - Assessments; Chapter 7 - Using Resources Effectively; Chapter 8 - The Psychology Project; Chapter 9 - Future Directions; Appendix: Choosing an Institution; Index
Sommario/riassunto	Shaped around a typical psychology student's journey, this book begins with an overview of the nature of the degree and advice about what needs to be sorted out in the first few weeks of the course. It tackles how to get the most from lectures, exam preparation and project development.