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Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	Cover; Contents; Biography; Foreword; Introduction; Chapter 1 - Evidence-based practice: principles, process, policy and proof; Chapter 2 - Anxiety, empowerment and strategy; Chapter 3 - Developing art therapy guidelines; Chapter 4 - Art therapy audit: culture and process; Chapter 5 - The methodological debate; Chapter 6 - Generating the evidence through qualitative research; Chapter 7 - Generating the evidence through quantitative research; Chapter 8 - The evidence base for art therapy with adults; Chapter 9 - The evidence base for art therapy with children and adolescents; Endnote Initial appraisal checklist Critical appraisal checklist; References; Index
Sommario/riassunto	Tracing the background to evidence-based practice and reviewing the existing art therapy research, this book explains the research process, and links research with the development of clinical guidelines. It also describes the knowledge and skills needed to demonstrate efficacy.