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Nota di contenuto	Cover; Contents; Part I: Theoretical background; Chapter 1 - Post-traumatic Responses; Chapter 2 - Diagnostic Criteria; Chapter 3 - Assessment; Chapter 4 - Development and Course of PTSD; Chapter 5 - Conceptualising PTSD - the maladaptive interplay of two levels of memory; Chapter 6 - The Cognitive Profile of Post-traumatic Responses; Chapter 7 - The Cognitive-contextual Approach; Part II: Applications; Chapter 8 - PTSD and Sub-syndromal PTSD - Case Examples; Chapter 9 - Beyond PTSD: Case Examples; Part III: Postscript; Chapter 10 - Strengths and Limitations; Appendix I: The Penn Inventory Appendix II: Cognitive Therapy ScaleAppendix III: Pain Management; Appendix IV: Children and Adolescents; Appendix V: Eye Movement Desensitisation Reprocessing (EMDR); Appendix VI: Refugees; References; Index
Sommario/riassunto	Taking account of developments in the understanding of trauma responses, this volume synthesizes knowledge of both the biological and psychological effects and translates these into practical strategies for use in counselling.