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Titolo	Personality [[electronic resource]] : what makes you the way you are / / Daniel Nettle
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Descrizione fisica	1 online resource (305 p.)
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Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references (p. [274]-293) and index.
Nota di contenuto	Character matters -- The beak of the finch -- Wanderers -- Worriers -- Controllers -- Empathizers -- Poets -- The other half -- Singing with your own voice -- Appendix: The Newcastle Personality Assessor.
Sommario/riassunto	Why are some people worriers and others wanderers? Why do some seem good at empathizing and others at controlling? Daniel Nettle takes us on a tour through the science of human personality, looking at the latest findings from psychology, brain science, and evolution to explore the mystery of what makes us the way we are. - ;Why are some people worriers, and others wanderers? Why do some people seem good at empathising, and others at controlling? We have something deep and consistent within us that determines the choices we make and the situations we bring about. But why should members of the s