

1. Record Nr.	UNINA9910784700503321
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Titolo	Happiness and education / / Nel Noddings [[electronic resource]]
Pubbl/distr/stampa	Cambridge : , : Cambridge University Press, , 2003
ISBN	1-107-13153-7 1-280-43367-1 0-511-17952-9 0-511-20349-7 0-511-06389-X 0-511-30647-4 0-511-49992-2 0-511-07235-X
Descrizione fisica	1 online resource (vii, 308 pages) : digital, PDF file(s)
Disciplina	370/.1
Soggetti	Education - Aims and objectives Happiness Moral education
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Title from publisher's bibliographic system (viewed on 05 Oct 2015).
Nota di bibliografia	Includes bibliographical references (p. 291-302) and index.
Nota di contenuto	Cover; Half-title; Title; Copyright; Contents; Acknowledgments; Introduction; PART 1 Happiness as an Aim of Life and Education; PART 2 Educating for Personal Life; PART 3 Educating for Public Life; Notes; Bibliography; Index
Sommario/riassunto	When parents are asked what they want for their children, they usually answer that they want their children to be happy. Why, then, is happiness rarely mentioned as an aim of education? This book explores what we might teach if we were to take happiness seriously as an aim of education. It asks, first, what it means to be happy and, second, how we can help children to understand what happiness is. It notes that, to be truly happy, we have to develop a capacity for unhappiness and a willingness to alleviate the suffering of others. Criticizing the present almost exclusive emphasis on economic well-being and pleasure, it discusses the contributions of making a home, parenting, cherishing a

place, development of character, interpersonal growth, finding work that one loves, and participating in a democratic way of life. Finally, it explores ways in which to make schools and classrooms happy places.
