1. Record Nr. UNINA9910784695903321 Autore Totton Nick Titolo New Dimensions in Body Psychotherapy [[electronic resource]] Pubbl/distr/stampa Maidenhead,: McGraw-Hill Education, 2005 **ISBN** 1-280-94826-4 0-335-22812-7 Descrizione fisica 1 online resource (217 p.) 616.8914 Disciplina Soggetti Psychotherapy **Kinesics** Mind-Body Relations, Metaphysical Mental Processes Nonverbal Communication Behavioral Disciplines and Activities Communication **Behavior** Behavior and Behavior Mechanisms **Psychiatry** Health & Biological Sciences Lingua di pubblicazione Inglese **Formato** Materiale a stampa Livello bibliografico Monografia Note generali Description based upon print version of record. Nota di contenuto Cover; Half title; Title; Copyright; Contents; Contributors; Introduction; Part 1: Chapter 1: Chapter 2: Chapter 3: Chapter 4: Chapter 5: Part 2: Chapter 6; Chapter 7; Chapter 8; Chapter 9; Chapter 10; Chapter 11; Chapter 12; References; Index; Related books from Open University Press; Body psychotherapy an introduction; Researching Psychotherapy and counselling; Health psychology series editors Sommario/riassunto There is explosion of interest in the field of body psychotherapy. This is feeding back into psychotherapy and counselling, with practitioners

> becoming interested in the role of body in holding and releasing traumatic patterns. This work explores theory and practice, including neuroscientific contributions; embodied countertransference; and

more.