

1. Record Nr.	UNINA9910784693403321
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Titolo	Attachment Narrative Therapy [[electronic resource]]
Pubbl/distr/stampa	Maidenhead, : McGraw-Hill Education, 2007
ISBN	1-280-95115-X 0-335-22469-5
Descrizione fisica	1 online resource (200 p.)
Disciplina	616.8914
Soggetti	Attachment behavior Family Therapy Narrative therapy Methods Parent-Child Relations Object Attachment Psychoanalytic Theory Family Relations Investigative Techniques Psychotherapy, Group Family Socioenvironmental Therapy Psychological Theory Psychotherapy Psychology, Social Behavior and Behavior Mechanisms Behavioral Disciplines and Activities Psychiatry Health & Biological Sciences
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di contenuto	Cover; Half Title; Title; Copyright; Contents; Foreword; Acknowledgement; Introduction; Chapter 01; Chapter 02; Chapter 03; Chapter 04; Chapter 05; Chapter 06; Chapter 07; Formats for

Sommario/riassunto

This book sets out a framework for practice ¿ Attachment Narrative Therapy ¿ that provides a new approach to working with families, couples and individuals. This is not offered as a prescriptive model but as an aid and guide to practice that draws aspects of narrative and attachment therapy into systemic work. The synthesis of these ideas offers clinicians a new integrative way to approach their practice ¿ one in which the three approaches are used to create a greater whole than their constituent parts.
