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Sommario/riassunto

This book sets out a framework for practice *&* Attachment Narrative Therapy *&* that provides a new approach to working with families, couples and individuals. This is not offered as a prescriptive model but as an aid and guide to practice that draws aspects of narrative and attachment therapy into systemic work. The synthesis of these ideas offers clinicians a new integrative way to approach their practice *&* one in which the three approaches are used to create a greater whole than their constituent parts.