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Sommario/riassunto

Assessment and Therapy is a derivative volume of articles pulled from the award-winning Encyclopedia of Mental Health, presenting a comprehensive overview of assessing and treating the many disorders afflicting mental health patients, including alcohol problems, Alzheimer's disease, depression, epilepsy, gambling, obsessive-compulsive disorder, phobias, and suicide. According to 1990 estimates, mental disorders represent five of the ten leading causes of disability.\* Among "developed" nations, including the United States, major depression is the leading cause of disability.