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Descrizione fisica	1 online resource (208 p.)
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Soggetti	Consciousness Senses and sensation Altered states of consciousness
Lingua di pubblicazione	Inglese
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Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references (pages 173-189) and index.
Nota di contenuto	Contents; Acknowledgements; 1 Entrances and Exits; 2 Mandalas and Visual Symbols; 3 Portals of Sound; 4 Dance and Movement; 5 Tactile Portals; 6 Olfactory and Gustatory Portals; 7 Entheogens as Portals; 8 An Anatomy of Reality; Notes; Bibliography; Index
Sommario/riassunto	Investigates how we move beyond the conscious and physical world using our senses, into other realities of the spiritual and the divine. This title looks at the techniques used to alter consciousness practiced by shamans, monks, and other religious specialists. These include the use of drugs, as well as drumming, chanting and meditation.