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Nota di contenuto	Cover; Contents; Preface; 1 Situating the Approach; 2 The Client as Agent; 3 The First Meeting; 4 Basic Attending Skills; 5 Vivid Language: Liberating the Secondary Stream of Consciousness; 6 Transparency in the Relationship with the Client; 7 Process Identification and Process Direction; 8 Metacommunication; 9 Tying it All Together: the Working Alliance; 10 Training; 11 Conclusion; References; Subject index; Author index
Sommario/riassunto	Rennie presents powerful new ideas about person-centered theory and practice in this book, all grounded in self awareness of both client and counsellor. Emphasis is placed on the counsellor/client relationship in areas such as power dynamics.