

1. Record Nr.	UNINA9910784405303321
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Titolo	The doctor's guide to gastrointestinal health [[electronic resource]] : preventing and treating acid reflux, ulcers, irritable bowel syndrome, diverticulitis, celiac disease, colon cancer, pancreatitis, cirrhosis, hernias and more / / Paul Miskovitz, Marian Betancourt
Pubbl/distr/stampa	Hoboken, N.J., : Wiley, c2005
ISBN	1-118-03992-0 1-280-25323-1 9786610253234 0-471-70996-4
Descrizione fisica	1 online resource (306 p.)
Altri autori (Persone)	BetancourtMarian
Disciplina	616.3/3
Soggetti	Gastrointestinal system - Diseases
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Includes index.
Nota di contenuto	The Doctor's Guide to Gastrointestinal Health; Contents; Introduction; Chapter 1: What We Know about the Gut: Yesterday, Today, and Tomorrow; Chapter 2: How to Find a Gastroenterologist and the Proper Diagnosis; Chapter 3: What You Need to Know about Endoscopic Procedures for Diagnosis and Treatment; Chapter 4: The Esophagus; Chapter 5: The Stomach; Chapter 6: The Small Intestine; Chapter 7: The Gallbladder; Chapter 8: The Pancreas; Chapter 9: The Liver; Chapter 10: The Colon and Rectum; Chapter 11: The Abdominal Cavity; Chapter 12: A Commonsense Guide to Diet and Exercise Appendix: ResourcesIndex; About the Authors
Sommario/riassunto	""This is the reference guide you dream about--answers to all your important questions written in a language you can understand. For everyone who wants better health and peace of mind."" --Diane Sawyer, Co-anchor of ABC News' Good Morning America and PrimeTime Thursday""An important, practical, easy-to-read, and easy-to-understand source of information for anyone with a chronic gastrointestinal problem."" --Isadore Rosenfeld, M.D., Rossi Distinguished Professor of Clinical Medicine at Weill Medical College of

