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Sommario/riassunto	Effective adult counseling depends on a successful integration of empirical knowledge and theory with practice. Such a framework continues to be made explicit in this updated third edition of Counseling Adults in Transition, a practical guide for students,

teachers, counselors, and all other helping professionals. In the decade since the second edition of this book, the pace of change has accelerated, and the world has become more complex. This new edition expands upon areas which have gained increased attention in recent years:.. Cultural diversity Spirituality in the lives of today's adults A
