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Client-Centered and Holistic Approach for Older Persons With Addiction Problems; CH 9. Client-Driven, Research-Guided Treatment for Substance Users: Bringing Harm Reduction to Clinical Practice
CH 10. Relapse Prevention and Harm Reduction in the Treatment of Co-Occuring Addiction and Mental Health ProblemsCH 11. Family Therapy; CH 12. Application of the Community Reinforcement Approach; CH 13. The Case of Paul: A Systematic Approach to Ericksonian Utilization and Therapeutic Change; CH 14. Comparative Treatments: Summary and Conclusions; Appendix: Comparison of Approaches to the Case of Paul: Responding to the Questions; Index

Sommario/riassunto

Addresses a clinical problem seen by most mental health professionals - the abuse of drugs and alcohol. This work also discusses the same case to illuminate the strengths and weaknesses of different therapeutic approaches to substance abuse. Treatment modalities include: psychodynamic, behavioral, cognitive, REBT, family therapy, and more.
