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Autore	Haber David <1944->
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Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	Cover; Contents; List of Figures; List of Tables; Foreword; Preface; Acknowledgments; CH ONE Introduction; CH TWO Health Professionals and Older Clients; CH THREE Clinical Preventive Services; CH FOUR Health Behavior; CH FIVE Exercise; CH SIX Nutrition; CH SEVEN Weight Management; CH EIGHT Complementary and Alternative Medicine; CH NINE Selected Health Education Topics; CH TEN Social Support; CH ELEVEN Mental Health; CH TWELVE Community Health; CH THIRTEEN Diversity; CH FOURTEEN Public Health; CH FIFTEEN Glimpse Into the Future; References; Index
Sommario/riassunto	Based on the premise that every health professional should be a health educator, this book contains model programs, questions for discussion at the end of each chapter, checklists, a health/contract calendar, assessment tools, resource lists, and illustrations.