

1. Record Nr.	UNINA9910784387303321
Titolo	Complementary/alternative therapies in nursing / / editors, Mariah Snyder, Ruth Lindquist
Pubbl/distr/stampa	New York : , : Springer Pub. Co., , c2006 ©2006
ISBN	1-280-74460-X 9786610744602 0-8261-1439-3
Edizione	[5th ed.]
Descrizione fisica	1 online resource (xvii, 421 pages) : illustrations
Altri autori (Persone)	SnyderMariah LindquistRuth
Disciplina	610.73
Soggetti	Holistic nursing Nurse and patient Alternative medicine
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	Cover; TOC Contents; Contributors; Preface; Part I: Foundations for Practice; CH Chapter 1 An Overview of Complementary/Alternative Therapies; CH Chapter 2 Cultural Diversity and Complementary Therapies; CH Chapter 3 Self as Healer; CH Chapter 4 Presence; CH Chapter 5 Therapeutic Listening; Part II: Mind-Body Therapies; CH Chapter 6 Imagery; CH Chapter 7 Music Intervention; CH Chapter 8 Humor; CH Chapter 9 Yoga; CH Chapter 10 Biofeedback; CH Chapter 11 Meditation; CH Chapter 12 Prayer; CH Chapter 13 Storytelling; CH Chapter 14 Journaling; CH Chapter 15 Animal-Assisted Therapy Part III: Energy and Biofield Therapies; CH Chapter 16 Magnet Therapy; CH Chapter 17 Healing Touch; CH Chapter 18 Therapeutic Touch; CH Chapter 19 Reiki; CH Chapter 20 Acupressure; CH Chapter 21 Reflexology; Part IV: Manipulative and Body-Based Therapies; CH Chapter 22 Massage; CH Chapter 23 Exercise; CH Chapter 24 Tai Chi; CH Chapter 25 Muscle Relaxation Techniques; Part V: Biologically Based Therapies; CH Chapter 26 Aromatherapy; CH Chapter 27 Herbal Medicines; CH Chapter 28 Functional Foods and Nutraceuticals; Part VI:

Sommario/riassunto

A very sober and systematic approach to a wide range of alternative therapies, which can be used by nurses independently of other health care practitioners (i.e. they don't need a doctor's ok to go ahead and use). Standardized chapter format -- each therapy is defined, current research on topic is reviewed, uses and techniques are described, followed by precautions and a list of questions for further research.
