

1. Record Nr.	UNINA9910784267603321
Titolo	Handbook of health psychology and aging [[electronic resource] /] / edited by Carolyn M. Aldwin, Crystal L. Park, Avron Spiro III ; foreword by Ronald P. Abeles
Pubbl/distr/stampa	New York, : Guilford Press, c2007
ISBN	1-281-12375-7 9786611123758 1-59385-664-4
Descrizione fisica	1 online resource (464 p.)
Altri autori (Persone)	AldwinCarolyn M ParkCrystal L SpiroAvron
Disciplina	616.001/9
Soggetti	Older people - Health and hygiene - Psychological aspects Clinical health psychology
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references and indexes.
Nota di contenuto	Health psychology and aging: an introduction / Carolyn M. Aldwin, Crystal L. Park, and Avron Spiro III -- Challenging assumptions about adult development: implications for the health of older adults / Sarit A. Golub and Ellen J. Langer -- A developmental approach to psychosocial risk factors and successful aging / Cynthia A. Berg ... [et al.] -- Methods in health psychology: relevance to aging / Heather Young and Peter Vitaliano -- The relevance of a lifespan developmental approach to health / Avron Spiro III -- Psychoneuroimmunological processes in aging and health / Tara L. Gruenewald and Margaret E. Kemeny -- The psychoneuroendocrinology of aging: anabolic and catabolic hormones / Elissa S. Epel, Heather M. Burke, and Owen M. Wolkowitz -- Cardiovascular reactivity in older adults / Denise C. Cooper, Leslie I. Katz, and Shari R. Waldstein -- A lifespan approach to personality and longevity: the case of conscientiousness / Howard S. Friedman and Leslie R. Martin -- Sense of control and health: a dynamic duo in the aging process / Marilyn Skaff -- Coping, health, and aging / Carolyn M. Aldwin, Lorien A. Yancura, and Daria K. Boeninger -- Health and

psychological consequences of caregiving / Richard H. Fortinsky ... [et al.] -- Psychosocial stress, emotion regulation, and resilience among older adults / Mary C. Davis ... [et al.] -- Optimizing social relationships as a resource for health and well-being in later life / Karen S. Rook ... [et al.] -- Issues of diversity in health psychology and aging / Barbara W.K. Yee and David A. Chiriboga -- Religious and spiritual issues in health and aging / Crystal L. Park -- Self-regulation of health threats, affect, and the self: lessons from older adults / Howard Leventhal, Rachel Forster, and Elaine Leventhal -- The role of clinical health geropsychology in the health care of older adults / Sara Honn Qualls and Charles C. Benight -- Effects of changes in diagnostic thresholds on health care for older adults / Robert M. Kaplan -- Health psychology and aging: moving to the next generation of research / Carolyn M. Aldwin, Crystal L. Park, and Avron Spiro III.

Sommario/riassunto

Meeting a growing need, this authoritative reference and text comprehensively examines the interplay of biological, psychological, and social factors in health and illness in older adults. The volume explores how and why some people adapt more successfully than others to age-related stressors such as chronic illness, disability, and loss, and identifies ways to promote coping and resilience. With contributions from leading researchers in health psychology and gerontology, the Handbook integrates state-of-the-science theories and methods from both fields. Key topics include how

2. Record Nr.	UNINA9910150198603321
Autore	Grady Colin
Titolo	Solar energy / / Colin Grady
Pubbl/distr/stampa	New York : , : Enslow Publishing, , 2017 2017
ISBN	0-7660-8295-4
Descrizione fisica	1 online resource (24 pages) : color illustrations
Collana	Saving the planet through green energy
Disciplina	333.792/3
Soggetti	Solar energy Photovoltaic power generation Renewable energy sources
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	Energy from the sun -- Passive solar power -- Making electricity -- Solar panels in action -- The future of solar power.
Sommario/riassunto	In this book, readers will learn how solar panels work, what passive solar power is, and how the sun can be used to make electricity.