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Autore	Cook Sam
Titolo	If this is mid-life-- where's the crisis? // Sam Cook ; illustrations by Joy Morgan Dey
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Note generali	Description based upon print version of record.
Nota di contenuto	Contents; Introduction; Life's OK, mostly; Working it out; Transition hairstyles and other issues; And then there were four of us; Gerbils and other realities of the forties; Life as we know it; Youth soccer and other parental rites of passage; Life is sweet
Sommario/riassunto	If This Is Mid-Life, Where's the Crisis? explores the peaks and pitfalls of being forty-something and married--with kids. Sam Cook takes you on a rollicking ride through mid-life with stops along the way to enjoy life's special moments. Finding humor in the little things that drive us all crazy, he helps you laugh at the trials and tribulations of family life. But Sam is not just funny--his delight in life's small pleasures shines through in every story. If This Is Mid-Life, Where's the Crisis? brings the lively wit and gentle insight of one of the Midwest's best-loved newspaper columnists to