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| 1. Record Nr. | UNINA9910784179903321 |
| Autore | Humphreys Catherine |
| Titolo | Talking to my mum [[electronic resource]] : a picture workbook for workers, mothers and children affected by domestic abuse // Cathy Humphreys ... [et al.] ; foreword by June Freeman ; illustrations by Suzan Aral |
| Pubbl/distr/stampa | London ; ; Philadelphia, : Jessica Kingsley, 2006 |
| ISBN | 1-280-73809-X 9786610738090 1-84642-526-3 |
| Descrizione fisica | 1 online resource (97 p.) |
| Disciplina | 362.8292 |
| Soggetti | Abused children Victims of family violence |
| Lingua di pubblicazione | Inglese |
| Formato | Materiale a stampa |
| Livello bibliografico | Monografia |
| Note generali | Description based upon print version of record. |
| Nota di bibliografia | Includes bibliographical references. |
| Nota di contenuto | Cover; Talking to My Mum:A Picture Workbook for Workers, Mothers and Children Affected by Domestic Abuse; Contents; Acknowledgements; Foreword by June Freeman; Introduction and guidance; SECTION 1:EARLY DAYS; 1Me and my mum; 2Your new friends; 3Exploring the place where you live; 4Exploring the refuge; 5Changes I like and things I miss; 6Match the feelings; 7The same and different; 8About safety; SECTION 2:TALKING ABOUT THINGS THAT MATTER; 9Wise ideas from Ollie; 10More about us; 11A story about Nibbles and Prickles; 12Good things and bad things; 13Good times and bad times 14BAS talks about changes in families15Talking about my dad; 16 Tazimagines a happy time; 17Feelings tree; SECTION 3:MOVING ON; 18Keeping track of my life; 19Moving on; 20Safe hands; 21My space; 22Looking backwards and looking forwards; Certificate; Reflection sheet and feedback form; Conclusion; Useful contacts |
| Sommario/riassunto | Talking to My Mum is an activity pack for five-eight-year-olds whose families have experienced domestic abuse to help and encourage them to open up to their mothers about their distressing experiences. The |

book is full of illustrated worksheets featuring animal characters who encourage the young reader to explore a range of memories.
