Record Nr. UNINA9910784179203321 Autore Plummer Deborah Titolo The adventures of the Little Tin Tortoise [[electronic resource]]: a selfesteem story with activities for teachers, parents, and carers // Deborah Plummer: illustrations by Jane Serrurier London; ; Philadelphia, : Jessica Kingsley Publishers, 2006 Pubbl/distr/stampa **ISBN** 1-280-56643-4 9786610566518 1-84642-465-8 Descrizione fisica 1 online resource (143 p.) Disciplina 649/.7 Self-esteem in children Soggetti Self-esteem - Study and teaching (Elementary) Lingua di pubblicazione Inglese **Formato** Materiale a stampa Livello bibliografico Monografia Description based upon print version of record. Note generali Includes bibliographical references. Nota di bibliografia Nota di contenuto COVER: The Adventures of the Little Tin Tortoise; Contents: Part 1Theoretical and Practical Background; 1Introduction; 2The Nature of Story-Telling; 3The Nature of Healthy Self-Esteem; 4Guidelines for Sharing the Story; Part 2The Adventures of the Little Tin Tortoise; 1Waking Up; 2Thoughts and Feelings; 3Making a Decision; 4Making Friends; 5Coping with Worries; 6Choices; 7DifferentPerspectives; Part 3Practical Resources: APPENDIX A ACTIVITY SHEETS AND GUIDANCE NOTES: APPENDIX B TABLE OF EXPANSION TOPICS RELEVANT TO THE ENGLISH NATIONAL CURRICULUM GUIDELINES FOR PSHE AND CITIZENSHIP (KEY STAGE 1) APPENDIX C EXPLANATION OF DRAMA STRATEGIESAPPENDIX D PICTURES TO COLOUR IN Sommario/riassunto The author encourages children to consider self-esteem issues encountered by a little tin tortoise on a journey to discover who he really is. The various obstacles and helpers he encounters along the way include worries, bullying, making decisions and friendship and children will gain insights depending on their needs and level of

understanding.