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Nota di contenuto	COVER; Achieving Best Behavior for Children with Developmental Disabilities; Contents; Introduction; PART I STARTING OUT; 1 Believe You Can; 2 Medical Factors; 3 Identify or Create Your Support Network; 4 Overview; PART II UNDERSTAND YOUR CHILD'S DEVELOPMENTAL LEVELS; 5 Developmental Levels; PART III TARGET AND DEFINE BEHAVIOR; 6 Go through a Typical Day; 7 Define the Behavior; 8 Agree on a Prioritized List of Troubling Behaviors; PART IV FUNCTIONS OF BEHAVIOR; 9 Common Functions of Behavior and How to Address Them; PART V CREATE A BEHAVIOR PLAN; 10 Antecedents and Consequences; 11 Look for Patterns 12 Identify the Function of the Behavior 13 Use Rewards!; 14 Create a Behavior Plan, Part 1: Antecedents, Communication, Structure, and Choice; 15 Create a Behavior Plan, Part 2: Reward Desirable Behaviors; 16 Create a Behavior Plan, Part 3: Contingencies for Negative Behaviors; 17 Summarize Your Behavior Plan; PART VI FINAL THOUGHTS; 18 Strategies for Common Challenges; Getting into trouble; Self-esteem; Helping your child stay calm; Playing with peers: Peer interaction games; Lack of flexibility: Insistence on sameness, and

having to have things a certain way; Transitions; Shopping strategies
Haircuts, restaurants, visiting the doctor or dentist
Visiting relatives and friends; Conclusion; Appendix 1
Reward/Reinforcer Survey; Appendix 2
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Sommario/riassunto

This workbook is designed for parents of children with developmental disabilities. It offers step-by-step instructions for drawing up and implementing behaviour plans that successfully address and improve challenging behaviours. The book is full of checklists and activities to monitor and assess behaviours and track a child's development.
