Record Nr. UNINA9910784172503321 Writing works [[electronic resource]]: a resource handbook for **Titolo** therapeutic writing workshops and activities / / edited by Gillie Bolton. Victoria Field, and Kate Thompson; foreword by Blake Morrison London; ; Philadelphia, : Jessica Kingsley Publishers, 2006 Pubbl/distr/stampa **ISBN** 1-280-92954-5 9786610929542 1-84642-549-2 Descrizione fisica 1 online resource (257 p.) Writing for Therapy or Personal Development Collana **BoltonGillie** Altri autori (Persone) FieldVictoria <1963-> ThompsonKate <1961-> Disciplina 616.89/165 Soggetti Creative writing - Therapeutic use Psychotherapy Lingua di pubblicazione Inglese **Formato** Materiale a stampa Livello bibliografico Monografia Description based upon print version of record. Note generali Nota di bibliografia Includes bibliographical references (p. 242-244) and indexes. Nota di contenuto What this book offers and why / Gillie Bolton -- Running groups / Victoria Field -- Writing therapeutically and in therapy / Kate Thompson -- Part one: writing from without -- Warming up and working together / edited by Kate Thompson -- Writing about place / edited by Victoria Field -- Writing from objects / edited by Gillie Bolton -- Writing from published poems / edited by Victoria Field -- Writing in form / edited by Victoria Field -- Part two : writing from within -- What people need to write / edited by Kate Thompson -- Different masks / edited by Victoria Field -- Who am I? / edited by Gillie Bolton -- Life's journey / edited by Gillie Bolton -- Loss and change / edited by Kate Thompson -- Conclusion : writing works / Gillie Bolton, Victoria Field and Kate Thompson. Writing Works is a guide for writers or therapists working with groups Sommario/riassunto

or individuals and is full of practical advice on everything from the equipment needed to run a session to ideas for themes, all backed up by the theory that underpins the methods explained. Practitioners contribute detailed accounts of organizing writing workshops for