

1. Record Nr.	UNINA9910784172303321
Autore	Luxmoore Nick <1956-2019.>
Titolo	Working with anger and young people // Nick Luxmoore
Pubbl/distr/stampa	London : , : Jessica Kingsley , , 2006
ISBN	9781846425387 1846425387 9781280738210 1280738219 9786610738212 6610738211
Descrizione fisica	1 online resource (152 pages)
Disciplina	155.51247
Soggetti	Anger in adolescence Anger
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references and indexes.
Nota di contenuto	COVER; Working with Anger and Young People; Contents; ACKNOWLEDGEMENTS; 1 Introduction; 2The anger of professionals; 3Anger as a defence; ...against shame; ...against feeling small; ... against feeling invisible; ...against hurt; ...against rejected love; ... against loss; ...against feeling ugly; ...against feeling empty; 4Anger unexpressed; 5Anger exploding; 6Anger, attendanceand attachment; 7Anger and disappointment; 8Anger and identity; 9Anger and envy; 10 Anger, violence and empathy; 11 The anger of professionals (again); References; Subjectindex; Authorindex
Sommario/riassunto	Working with Anger and Young People warns against 'quick fix' solutions to dealing with anger, and draws on the author's experiences of youth counselling and training workshops to propose helpful interventions for addressing anger effectively and moving on from it.