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Autore	Luxmoore Nick <1956-2019.>
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Descrizione fisica	1 online resource (152 pages)
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Nota di bibliografia	Includes bibliographical references and indexes.
Nota di contenuto	COVER; Working with Anger and Young People; Contents; ACKNOWLEDGEMENTS; 1 Introduction; 2The anger of professionals; 3Anger as a defence; ...against shame; ...against feeling small; ... against feeling invisible; ...against hurt; ...against rejected love; ... against loss; ...against feeling ugly; ...against feeling empty; 4Anger unexpressed; 5Anger exploding; 6Anger, attendanceand attachment; 7Anger and disappointment; 8Anger and identity; 9Anger and envy; 10 Anger, violence and empathy; 11 The anger of professionals (again); References; Subjectindex; Authorindex
Sommario/riassunto	Working with Anger and Young People warns against 'quick fix' solutions to dealing with anger, and draws on the author's experiences of youth counselling and training workshops to propose helpful interventions for addressing anger effectively and moving on from it.