

1. Record Nr.	UNINA9910784144903321
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Titolo	The psychopolitics of liberation [[electronic resource]] : political consciousness from a Jungian perspective / / Lawrence R. Alschuler
Pubbl/distr/stampa	New York, : Palgrave Macmillan, 2006
ISBN	1-281-36344-8 9786611363444 0-230-60343-2
Edizione	[1st ed. 2006.]
Descrizione fisica	1 online resource (217 p.)
Disciplina	320.01/9
Soggetti	Political psychology Jungian psychology Liberty - Psychological aspects Indians - Psychology Indians - Politics and government
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	Cover; Contents; Foreword; Acknowledgments; Introduction; Part I Theories of Political Consciousness; 1 Conscientization and Individuation; 2 Humanization and Complexes; 3 Decolonization and Narcissism; 4 Liberated Consciousness and the Tension of Opposites; Part II Cases of Liberated Consciousness; 5 The Study of Political Consciousness in Ethnically Divided Societies; 6 Atanasio; 7 James Sewid; 8 Lee Maracle; 9 Rigoberta Menchu; 10 Psychopolitical Healing; Notes; References; Index; A; B; C; D; E; F; G; H; I; J; K; L; M; N; O; P; R; S; T; U; V; W; Y
Sommario/riassunto	Explaining changes in the political consciousness of the oppressed using the ideas of Paulo Freire, Albert Memmi, and Jungian psychology, this original book explores how psychological bonds of oppression are broken and offers a psychopolitical theory for the analysis of the autobiographies of four Native people in Guatemala and Canada.