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Titolo	The shadow and the counsellor : working with darker aspects of the person, role and profession / / Steve Page
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Nota di contenuto	Book Cover; Title; Contents; List of illustrations; Acknowledgements; Introduction; Counsellor: person, shadow and mask; Development of the counsellor and the incorporation of shadow; Denying the shadow; Recognising the shadow; Confronting the shadow; Incorporating the shadow; Shadow as guide; The client: mask, person and shadow; The shadow of the profession; Notes; Bibliography; Author index; Subject index
Sommario/riassunto	The Shadow and the Counsellor introduces the concept of shadow, the darker side to ourselves that we do not wish to acknowledge, or do not even recognise. It examines how it comes into being and explores its impact within counselling. The Shadow and the Counsellor is structured around a six stage model which is designed to help the counsellor recognise, confront and deal with their 'shadow' side. This can then be a framework for reflection and practical action. With case studies including short clinical examples to longer examples running through the book, this will give c

