

1. Record Nr.	UNINA9910450314003321
Titolo	Culturally responsive interventions : innovative approaches to working with diverse populations // Julie R. Ancis, editor
Pubbl/distr/stampa	New York : , : Brunner-Routledge, , 2004
ISBN	1-135-95398-8 1-280-04894-8 0-203-48616-1
Descrizione fisica	1 online resource (238 p.)
Altri autori (Persone)	AncisJulie R
Disciplina	158/.3
Soggetti	Cross-cultural counseling Electronic books.
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	Book Cover; Half-Title; Title; Copyright; Dedication; Contents; Preface; Part I Culturally Responsive Interventions; Part II International Applications; Part III Diagnosis and Practice; Part IV Conclusion; About the Editor and Contributing Authors; Name Index; Subject Index
Sommario/riassunto	This book fills the widening gap in multicultural literature by providing specific culture-centered interventions. The first section of the text highlights culturally based interventions. The second section focuses on the treatment of Culture-Bound Syndromes (CBS). Culture-Bound Syndromes are defined as recurrent, locality specific behavior patterns that are observed only in certain cultural environments. The third section, clinical and training implications, includes a chapter describing how training will need to be reconceptualized in order to promote counselors who are effective with a wide

2. Record Nr.	UNINA9910785082203321
Autore	Turner Ralph V.
Titolo	Magna Carta : through the ages // Ralph V. Turner
Pubbl/distr/stampa	London : , : Routledge, , 2014
ISBN	1-315-83746-3 1-317-87394-7 1-317-87395-5 1-281-38439-9 9786611384395 1-4082-1133-5
Edizione	[1st ed.]
Descrizione fisica	1 online resource (283 p.)
Classificazione	86.51
Disciplina	942.033
Soggetti	Constitutional history - England
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	First published 2003 by Pearson Education Limited.
Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	Cover; Half Title; Title; Copyright; Contents; LIST OF PLATES; ACKNOWLEDGEMENTS; CHRONOLOGY; introduction MAGNA CARTA: DISENTANGLING HISTORY FROM MYTH; chapter 1 ENGLAND UNDER THE ANGEVIN KINGS: HENRY II AND HIS SONS, RICHARD I AND JOHN; chapter 2 THE REIGN OF KING JOHN, 1199-1216; chapter 3 THE MAKING AND UNMAKING OF MAGNA CARTA, 1215-16; chapter 4 THE FIRST CENTURY OF MAGNA CARTA; chapter 5 MAGNA CARTA IN THE LATER MIDDLE AGES AND THE TUDOR PERIOD; chapter 6 MAGNA CARTA'S REVIVAL IN THE SEVENTEENTH CENTURY AND AFTER; chapter 7 MAGNA CARTA IN THE NINETEENTH AND TWENTIETH CENTURIES chapter 8 MAGNA CARTA IN THE NEW WORLDAPPENDIX: MAGNA CARTA, 1215 TEXT IN TRANSLATION; BIBLIOGRAPHY; INDEX
Sommario/riassunto	Magna Carta holds a special place in the popular imagination of the English. This, the first major book to explore the great political vision that lay behind it, uncovers the mystery of its origins, and charts its enduring relevance through the centuries.

3. Record Nr.	UNINA9910783872303321
Autore	Schmidt Ulrike <1955-, >
Titolo	Life after self-harm : a guide to the future // Ulrike Schmidt and Kate Davidson
Pubbl/distr/stampa	Hove ; ; New York : , : Brunner-Routledge, , 2004
ISBN	1-135-44682-2 1-138-14603-X 1-135-44683-0 1-280-07790-5 9786610077908 0-203-50522-0
Descrizione fisica	1 online resource (121 p.)
Altri autori (Persone)	DavidsonKate M
Disciplina	616.85/82
Soggetti	Self-mutilation Self-injurious behavior Psychotherapy
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references (p. 102-103).
Nota di contenuto	Cover; Title; Copyright; Contents; Acknowledgements; Major health warning; Note to health care practitioner; 1 Getting started; Introduction; You are not alone; Why do people harm themselves?; Trying to understand your reasons for harming yourself; Is there anybody out there?; Some further thoughts; What next?; Key points to remember; 2 What to do in a crisis; Getting support; Keeping yourself safe; Trying not to slide down into a pit of loneliness and despair; Don't expect miracles! Remember practice makes perfect!; Things I still want to do; Crisis plan; Key points to remember 3 Learning to solve problemsHelp! My life is a mess; Learning to disentangle your problems; Step 1: Finding possible solutions through brainstorming; Step 2: Looking at options in detail; Step 3: Choosing a solution that fits you; Step 4: Finding ways of putting your solution into practice; Step 5: Carry out your plan step by step; Step 6: Check progress in problem solving; Any questions?; Key points to remember; 4 Learn to change your thinking; Let's make a start by looking at

moods; Linking feelings and thoughts; A thought is not a fact: Learn to recognize skewed thinking

Where does this kind of skewed thinking come from? The memory trap or why does my thinking overwhelm me?; Starting a thought record; How to challenge biased thinking; Key points to remember; 5 Alcohol, drugs and pills: do you need to cut down or stop?; Should you be worried about your alcohol intake?; Should you cut down or stop drinking?; Have the guts to stop or cut down drinking!; Should you be worried about your drug intake?; Should you be worried about your consumption of tranquillizers or sleeping tablets?; How to deal with sleeping difficulties; Key points to remember

6 Some further thoughts What can you learn from the past?; What if you find yourself slipping again?; "If only . . ." From change to accepting what cannot be changed; Final words: A new beginning; Key points to remember; Further reading; 7 For relatives and friends; What can you do now?; Your own feelings; Non-critical listening; Increasing self-worth; Getting involved with life again; Professional help

Sommario/riassunto

In many countries there has been an alarming increase in rates of suicide and self-harm, yet the stigma attached to these difficulties often leads to sub-optimal care. *Life After Self-Harm: A Guide to the Future* is written for individuals who have deliberately harmed themselves. Developed through a major research project the contents of the manual have been informed and shaped by many users and expert professionals. Illustrated with multiple case-histories, it teaches users important skills: for understanding and evaluating self-harm for keeping safe in cri
