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Autore	Swanson Jan <1948->
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Altri autori (Persone)	CooperAlan <1947->
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Nota di contenuto	Front Matter -- Contents -- Figures and Tables -- Preface -- Death and Dying -- Understanding Death -- Stages of Dying -- The Physician's Role in a Peaceful Death -- Treatment Options -- Interacting with Patients and Families -- Talking with the Dying Patient -- Facing the End of Life -- Death in the Emergency Department -- Death and Children -- The Spiritual Needs of Children Who are Dying -- Physicians as Patients -- Coping -- Coping with the Death of a Patient -- Physician's Self-Care -- Dealing with the Guilt, Getting Rid of Shame -- Problems in Coping -- Reducing Stress -- Relaxation, Meditation, and Visualization -- Keeping a Journal -- Spirituality -- Opening Up to Others -- Leading a Balanced Life -- Epilogue -- Resources -- References -- Index
Sommario/riassunto	In "A Physician's Guide to Coping with Death and Dying" Jan Swanson and Alan Cooper, a physician and a clinical psychologist with many years of experience, offer insights to help medical students, residents, physicians, nurses, and others become more aware of the different stages in the dying process and learn how to communicate more effectively with patients and their families. They also discuss the ways physicians and other caregivers can learn to reduce their own stress levels and avoid the risk of burnout, allowing them to achieve balance

in their lives and be more effective professionally.
