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Titolo	Gift of tears : a practical approach to loss and bereavement in counselling and psychotherapy // Susan Lendrum and Gabrielle Syme
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Edizione	[Second edition; [Revised and updated edition].]
Descrizione fisica	1 online resource (xviii, 249 pages)
Altri autori (Persone)	SymeGabrielle <1943->
Disciplina	155.9/3
Soggetti	Loss (Psychology) Bereavement - Psychological aspects
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record. Previous edition: 1992.
Nota di bibliografia	Includes bibliographical references (p. [241]-243) and indexes.
Nota di contenuto	Early attachments and loss -- Adult attachment patterns -- The nurturing environment -- Experiences of death and bereavement -- The effect of external circumstances and internal factors on the experience of bereavement -- Historical change in attitudes to death and bereavement -- Cultural variety -- Children's grief : gift of tears -- Personal and family experiences of loss -- Basic loss counselling skills : give sorrow words -- Tasks of mourning : meaning and internalisation -- Further skills related to the tasks of mourning and ending counselling -- Ways of helping children -- Understanding anger and guilt -- Working with anger and guilt in more complicated grief -- Necessary consultation for complicated grief -- Assessment and referral -- Supervision.
Sommario/riassunto	Gift of Tears is intended for anyone who finds they have to cope, in the course of their daily lives, with the grief of others. It will prove invaluable to counsellors, therapists, mental health professionals and all those helping the bereaved.

