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Altri autori (Persone)	NyklicekIvan TemoshokLydia VingerhoetsA. J. J. M
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Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	Lying and self-deception in health and disease / Charles V. Ford -- The social sharing of emotion : illusory and real benefits of talking about emotional experiences / Bernard Rime, Gwenola Herbette and Susanna Corsini -- Theoretical mechanisms involved in disclosure : from inhibition to self-regulation / Melanie A. Greenberg and Stephen J. Lepore -- Emotion suppression and cardiovascular disease : is hiding feelings bad for your heart? / Iris B. Mauss and James J. Gross -- The Reality Escape Model : the intricate relation between alexithymia, dissociation, and anesthesia in victims of child sexual abuse / Peter Paul Moormann, Bob Bermond and Francine Albach -- Worry, perseverative thinking and health / Jos F. Brosschot and Julian F. Thayer -- Different concepts or different words? concepts related to non-

expression of negative emotions / Bert Garssen and Margot Remie -- Alexithymia : 25 years of theory and research / Graeme J. Taylor -- Emotional intelligence and physical health / Alison Woolery and Peter Salovey -- The repressive coping style and avoidance of negative affect / Lynn B. Myers and Nazanin Derakshan. Psychological mindedness : a new index to assess a major emotion-focused coping style / Johan Denollet and Ivan Nyklicek -- The Stanford Emotional Self-efficacy Scale - cancer : reliability, validity, and generalizability / Janine Giese-Davis ... [et al.] -- Attachment representation and affect regulation : current findings of attachment research and their relevance for psychosomatic medicine / Carl Eduard Scheidt and Elisabeth Waller -- Children's conception of the emotion process : consequences for emotion regulation / Hedy Stegge ... [et al.] -- Emotional information processing in boys with disruptive behavior disorders / Bram Orobio de Castro, Willem Koops and Mark Meerum Terwogt -- Crying, catharsis, and health / Suzanne Stougie, Ad Vingerhoets and Randolph R. Cornelius -- Femininity, masculinity and the riddle of crying / Agneta H. Fischer ... [et al.] -- The heart of the actor : let it all out or keep a healthy distance? / Elly A. Konijn -- Non-expression of emotion and self among members of socially stigmatized groups : implications for physical and mental health / Janel D. Sexton and James W. Pennebaker.

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#### Sommario/riassunto

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Emotional Expression and Health looks at the role emotional expression and inhibition may play in staying healthy or falling ill. Written by leading experts in the field, chapters focus on: \* how we can measure emotional expression or inhibition and how we can distinguish between their various facets \* the role of attachment, and development of emotional information processing\* alexithymia, emotional suppression, deception, emotional disclosure, defensiveness, repression, psychological mindedness, and emotional intelligence and self-efficacy. This unique approa

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