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Descrizione fisica	1 online resource (253 p.)
Collana	Routledge essentials for nurses
Disciplina	615.5/071
Soggetti	Patient education Health education
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Nota di bibliografia	Includes bibliographical references (p. [217]-240) and index.
Nota di contenuto	Book Cover; Title; Contents; List of illustrations; Education for patients and clients; Investigating education: research issues; Learning theories as a basis for patient education; Teaching strategies I: assessment and planning; Teaching strategies II: intervention and evaluation; Educational issues relating to people with long-term health problems; Educational interventions to promote behavioural change; Nurses as educators of patients and clients; References; Index
Sommario/riassunto	Education for Patients and Clients sets out basic principles for providing patient education as an integral part of nursing care. It challenges the view that simply giving information is enough and investigates strategies for making education as effective as possible. The author explores:*the effect of psychosocial factors such as personal beliefs and family support on our behaviour *the importance of taking such factors into account when planning education for patients and clients*compliance and non-compliance*the role of the nurse as educator*the patient's rig