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Autore	Williams Chris <1955->
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Nota di contenuto	Cover; How to Live with Autism and Asperger Syndrome: Practical Strategies for Parents and Professionals; Contents; ACKNOWLEDGEMENTS; AUTHOR'S NOTE; PREFACE; Part 1 Does My Child have Autism Spectrum Disorder?; 1 First Worries; 2 Assessment; 3 The Emotional Impact on the Family; Part 2 How Do Children with Autism Spectrum Disorders View the World?; 4 Mindblindness; 5 Getting the Gist; 6 Sensory Interests and Sensitivities; 7 Imagination, Time Perception, Planning and Memory; 8 Language; Part 3 How Can We Help?; 9 Managing Behaviour; 10 Developing Social Skills; 11 Developing Communication Skills; 12 Tantrums, Aggression and Frustration; 13 Feeding; 14 Toileting; 15 Soiling; 16 Sleeping; 17 Preoccupations; 18 Compulsions, Routines and Rituals; 19 Mannerisms and Repetitive Movements; 20 Other Interventions; 21 Final Thoughts; REFERENCES AND RESOURCES; APPENDIX 1: A TEMPLATE FOR MAKING SENSE OF A CHILD'S BEHAVIOUR AND PLANNING WAYS TO HELP; APPENDIX 2: SAMPLE SLEEP DIARY B; INDEX

## Sommario/riassunto

This introduction is an ideal resource for teachers and family members of a child with autism. In clear language and illustrations, the authors tackle common problems experienced in everyday routines such as eating, sleeping and toileting, as well as aggression and tantrums, compulsions and how to enable better communication.

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