1. Record Nr. UNINA9910783451103321 Fluid replacement and heat stress [[electronic resource] /] / Committee **Titolo** on Military Nutrition Research, Food and Nutrition Board, Institute of Medicine; Bernadette M. Marriott, editor Washington, DC.: National Academy Press, 1994 Pubbl/distr/stampa Descrizione fisica 1 online resource (254 p.) Altri autori (Persone) NesheimRobert O MarriottBernadette M Disciplina 616.989 Soggetti Dehydration (Physiology) Water-electrolyte imbalances Exercise - Physiological aspects Fluid therapy Lingua di pubblicazione Inglese **Formato** Materiale a stampa Livello bibliografico Monografia Note generali Study was supported by the U.S. Army Medical Research and Development Command. Report of the proceedings of a workshop held in February 1989. Committee chairman: Robert O. Nesheim. Nota di bibliografia Includes bibliographical references. ""FLUID REPLACEMENT AND HEAT STRESS""; ""Copyright""; ""Preface""; Nota di contenuto ""Contents""; ""Part I Executive Summary""; ""1 Committee Summary and

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""SUMMARY AND NEEDED RESEARCH""""RECOMMENDATIONS""; ""REFERENCES""; ""3 Formulation of Carbohydrate-Electrolyte

Beverages""; ""INTRODUCTION""; ""EFFECTS OF WITHHOLDING WATER BEFORE OR DURING PROLONGED EXERTION""; ""Early Experiments"";

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