

1. Record Nr.	UNINA9910783451103321
Titolo	Fluid replacement and heat stress [[electronic resource] /] / Committee on Military Nutrition Research, Food and Nutrition Board, Institute of Medicine ; Bernadette M. Marriott, editor
Pubbl/distr/stampa	Washington, DC, : National Academy Press, 1994
Descrizione fisica	1 online resource (254 p.)
Altri autori (Persone)	NesheimRobert O MarriottBernadette M
Disciplina	616.989
Soggetti	Dehydration (Physiology) Water-electrolyte imbalances Exercise - Physiological aspects Fluid therapy
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Study was supported by the U. S. Army Medical Research and Development Command. Report of the proceedings of a workshop held in February 1989. Committee chairman: Robert O. Nesheim.
Nota di bibliografia	Includes bibliographical references.
Nota di contenuto	""FLUID REPLACEMENT AND HEAT STRESS""; ""Copyright""; ""Preface""; ""Contents""; ""Part I Executive Summary""; ""1 Committee Summary and Recommendations""; ""INTRODUCTION""; ""FINDINGS FROM THE WORKSHOP PRESENTATIONS""; ""AREAS FOR FUTURE RESEARCH""; ""RECOMMENDATIONS""; ""Part II Invited Papers""; ""2 Use of Electrolytes in Fluid Replacement Solutions: What Have We Learned From Intestinal Absorption Studies?""; ""INTRODUCTION""; ""METHODS""; ""WATER AND ELECTROLYTE ABSORPTION""; ""Glucose-Stimulated Na+ Absorption""; ""Fructose Versus Glucose""; ""ANION TRANSPORT""; ""EFFECTS OF EXERCISE"" ""SUMMARY AND NEEDED RESEARCH""""RECOMMENDATIONS""; ""REFERENCES""; ""3 Formulation of Carbohydrate-Electrolyte Beverages""; ""INTRODUCTION""; ""EFFECTS OF WITHHOLDING WATER BEFORE OR DURING PROLONGED EXERTION""; ""Early Experiments""; ""Reduced Plasma Volume and Increased Body Fluid Osmolality"";

""Increased Circulatory Strain""; ""Decreased Sweating Response"";
""Altered Electrolyte Distributions""; ""EFFECTS OF WATER AND SALINE
FEEDINGS DURING PROLONGED EXERCISE""; ""Efficacy of Electrolyte
Replacement During Prolonged Exertion""
""Summary of Effects of Water and Saline Replacement on Homeostasis
During Prolonged Exertion""""HOW IMPORTANT IS THE GASTRIC
EMPTYING RATE OF A BEVERAGE CONSUMED DURING PROLONGED
EXERTION""; ""EVIDENCE THAT MODERATELY CONCENTRATED
CARBOHYDRATE-ELECTROLYTE SOLUTIONS ARE EFFECTIVE IN
MAINTAININGa€?""; ""REFERENCES""; ""4 Considerations for Replacement
Beverages: Fluid-Electrolyte Balance and Heat Illness"";
""INTRODUCTION""; ""SALT DEFICITS""; ""POTENTIAL
OVERCONSUMPTION OF SALT""; ""CASE REPORT A: TEN HEATSTROKE
PATIENTS""; ""CASE REPORT B: HEAT EXHAUSTION IN PANAMA""
""CASE REPORT C: HEAT EXHAUSTION AMONG RESERVISTS IN TEXAS""""
SCENARIO-SPECIFIC NEEDS""; ""SUMMARY""; ""REFERENCES""; ""Appendix
1 A CASE REPORT FROM FORT BRAGG""; ""Appendix 2 CASE STUDY
FROM GRENADA""; ""5 Carbohydrate Supplements During and
Immediately Post Exercise""; ""INTRODUCTION""; ""CARBOHYDRATE
SUPPLEMENTS DURING EXERCISE""; ""Continuous Exercise"";
""Intermittent Exercise""; ""Summary""; ""CARBOHYDRATE SUPPLEMENTS
IMMEDIATELY AFTER EXERCISE""; ""Glycogen Storage Immediately After
Exercise""; ""Time of Postexercise Carbohydrate Consumption""
""The Effect of Multiple Supplements and Different Amounts of Glucose
Polymer""""Effect of Glucose Infusion""; ""Differences in the Simple
Carbohydrates""; ""Summary""; ""REFERENCES""; ""6 Gastric Emptying
During Exercise: Influence of Carbohydrate Concentration,
Carbohydrate Source, an ...""; ""INTRODUCTION""; ""CARBOHYDRATE
CONCENTRATION""; ""CARBOHYDRATE SOURCE""; ""EXERCISE
INTENSITY""; ""INDIVIDUALITY OF GASTRIC EMPTYING RATES"";
""EFFECTS OF GASTRIC EMPTYING METHODOLOGY""; ""MILITARY
APPLICATIONS""; ""REFERENCES""
""7 Interaction of Water Bioavailability, Thermoregulation, and Exercise
Performance""

2. Record Nr.	UNINA9910820636203321
Titolo	Multiple perspectives on the self in SLA // Edited by Sarah Mercer and Marion Williams
Pubbl/distr/stampa	Bristol : , : Multilingual Matters, , 2014
ISBN	1-78309-137-1 1-78309-135-5 1-78309-136-3
Descrizione fisica	1 online resource (198 p.)
Collana	Second Language Acquisition Second language acquisition ; ; 73
Altri autori (Persone)	MercerSarah WilliamsMarion <1948->
Disciplina	401/.93
Soggetti	Language acquisition - Research - Methodology Language acquisition - Study and teaching Language acquisition - Psychological aspects Language and languages - Study and teaching - Psychological aspects Psycholinguistics
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	Chapter 1 Introduction to multiple perspectives on the self / Sarah Mercer and Marion Williams-- Chapter 2 Self-efficacy in SLA / Nicole Mills -- Chapter 3 The dynamics of second language confidence: Contact and interaction / Sinthujaa Sampasivam and Richard Clement -- Chapter 4 Self-esteem and self-concept in foreign language learning / Fernando Rubio -- Chapter 5 Identity and poststructuralist theory in SLA / Bonny Norton -- Chapter 6 Dual identities perceived by bilinguals / Chantal Hemmi -- Chapter 7 Relational views of the self in SLA / Florentina Taylor -- Chapter 8 Imagined and possible selves: Stories we tell ourselves about ourselves / Stephen Ryan and Kay Irie -- Chapter 9 Motivational perspectives on the self in SLA: A developmental view / Ema Ushioda -- Chapter 10 Brain and self: A neurophilosophical account / Georg Northoff -- Chapter 11 The self from a complexity perspective / Sarah Mercer -- Chapter 12 Concluding reflections / Sarah Mercer and Marion Williams.

Sommario/riassunto

Instead of viewing different perspectives on the self as competing with each other and considering one perspective on the self as being inherently 'better' than another, this book takes the view that a fuller, more comprehensive picture of the self in SLA can be gained by examining and combining insights from different perspectives. This original collection of papers thus attempts to provide a thorough overview of the ways in which the self can be conceptualised in SLA contexts. The editors have brought together a diverse range of theoretical perspectives on the self to allow the reader to appreciate the insights that each approach contributes to overall understandings of the self in the domain of second language acquisition and foreign language learning.
