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Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	Introduction -- Prevalence, cost, and patterns of nam use -- Contemporary approaches to evidence of treatment effectiveness : a context for nam research -- Need for innovative designs in research on nam and conventional medicine -- State of emerging evidence on nam -- An ethical framework for nam research, practice, and policy -- Integration of nam and conventional medicine -- Educational programs in nam -- Dietary supplements -- Conclusion.