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Nota di contenuto	Guide to Mental Health for Families and Carers of People with Intellectual Disabilities; Contents; ACKNOWLEDGEMENTS; FINDING YOUR WAY AROUND THIS GUIDE; What is this Guide for?; 1 General Information Regarding Mental Health Problems; 2 Mental Health Problems; 3 Services for People with Intellectual Disabilities and Mental Health Problems; 4 Therapeutic Interventions; 5 Challenging Behaviour; 6 Law, Policy and Ethical Issues; 7 Autism; 8 Epilepsy; 9 Carers' Needs and Support; APPENDIX: INFORMATION FROM THE MENTAL HEALTH ACT (1983); FURTHER READING AND RESOURCES; GLOSSARY; ABOUT THE AUTHORS INDEX
Sommario/riassunto	This guide outlines a range of symptoms of mental health problems that can affect people with intellectual disabilities. It explains why mental health problems develop, and what can be done to help people with intellectual disabilities and carers themselves. There are chapters on specific disabilities such as autism and epilepsy.