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Autore	Blackwell Dick
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Nota di contenuto	Acknowledgments. Part I - Setting the Scene: Openings and Engagements. 1 Who and what this book is for. 2 Counselling, psychotherapy and the refugee experience. 3. Assessment, suitability and adaptation. Part II - The Refugee's Experience. 4 Political level. 5. Cultural level. 6. Interpersonal level. 7. Intrapsychic level. Part III - The Therapist's Experience. 8. Political level. 9. Cultural level. 10. Interpersonal level. 11. Intrapsychic level. Part IV - Essential Additions: Completing the Picture. 12 Working with interpreters. 13. Advocacy - protection, asylum and welfare rights. 14 Summary. Appendix A: Further Reading. Appendix B: Resources. Index.
Sommario/riassunto	This book is to help counsellors and psychotherapists understand and engage with the experiences of persecution, violence and exile often faced by refugees. It offers a flexible approach to the special circumstances of displaced and traumatized clients from different cultural and political backgrounds.