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Nota di bibliografia	Includes bibliographical references (p. 226-227) and index.
Nota di contenuto	The people in your (work) neighborhood: The worrier; The controller; The fake; The attention-seeker; The victim; The prisoner -- Hell is not just other people: The transcendence model; Here comes the judge; Our shaky foundations; How we judge -- Moving from fear to freedom: What's your operating strategy?; A case of disidentification; There goes the judge; A way of being; A better way.