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Nota di contenuto	Cover; Contents; Acknowledgement; Preface; Chapter 1 - The Ideas behind the Action; Chapter 2 - Setting the Scene; Chapter 3 - The Framework for Understanding Problems and Possibilities; Chapter 4 - Exploring the Client's World; Chapter 5 - Counselling as a Process of Reconstruction; Chapter 6 - The Process of Change for Lisa; Chapter 7 - Ending and Evaluating the Process of Personal Construct Counselling - and Beyond; References; Index
Sommario/riassunto	This introduction to personal construct counselling carefully explores the ways in which counsellors, through credulous listening to everything the client says, can build the client's understanding of the way in which he or she construes problems.