

1. Record Nr.	UNINA9910783236603321
Autore	Mearns Dave
Titolo	Developing person-centred counselling
Pubbl/distr/stampa	[Place of publication not identified], : SAGE, 2002
ISBN	1-4462-2631-X 1-280-36923-X 9786610369232 1-4129-3294-7
Descrizione fisica	1 online resource (161 pages)
Disciplina	616.8914
Soggetti	Interpersonal Relations Delivery of Health Care Behavioral Disciplines and Activities Psychology, Social Health Care Quality, Access, and Evaluation Health Care Behavior and Behavior Mechanisms Professional-Patient Relations Psychotherapy Psychiatry Health & Biological Sciences
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Bibliographic Level Mode of Issuance: Monograph
Sommario/riassunto	`This is a useful book for those who use person-centred counselling in their practice, or who are training to become person-centred counsellors' - Counselling and Psychotherapy, the Journal of the British Association for Counselling and Psychotherapy Developing Person-Centred Counselling, Second Edition is designed to help counsellors improve their skills within the person-centred approach. Written by Dave Mearns, leading person-centred expert and bestselling author, the Second Edition has been fully revised and updated taking account

of developments in person-centred practice. With new chapters on growth and transference, the book covers the subjects which are central to person-centred training: } the core conditions } therapeutic alliance } development of the counsellor } therapeutic process } the person-centred approach in relation to psychopathology. Supported by case material and examples from practice, each part of the book presents the counsellor with practical, and often challenging ideas, which encourage him/her to think carefully about his/her practice and how to improve it. Developing Person-Centred Counselling, Second Edition is a highly practical and inspiring resource for trainees and practitioners alike.
