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Nota di contenuto	A Practical Art Therapy; Contents; PREFACE; Introduction; 1. Warm-Ups; 2. Murals; 3. Drawing; 4. Advertising; 5. Painting; 6. Collages; 7. Puppets and Masks; 8. Sculpture; 9. Clay; 10. Combining Modalities; 11. Mandalas; 12. Portraits; 13. Group Work; 14. Holiday Projects; 15. Stress Reduction; 16. Miscellaneous; REFERENCES; LIST OF PROJECTS
Sommario/riassunto	A Practical Art Therapy is written in an easy-to-read format that is filled with practical creative experiences for therapists to use with individuals and groups. Chapters cover various media and methods, including murals, collages, sculpture and drawing, making it easily accessible for even the busiest therapist.