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Sommario/riassunto	Over the years, many quick fix approaches to cure dyslexia have been developed and used. These 'miracle cures' have offered hope to many parents who are left disillusioned by the school system and health service. With no other way to turn, many parents spend more and more money on special glasses, vitamins, exercises and specialist advice, but do they actually work? Written by a parent of two dyslexic sons, who herself searched for anything that would 'cure' them, this new book is a practical guide to dyslexia's many 'miracle cures'. Practical Strategies for Living with Dyslexia suggests that early identification of this condition may be the key. Dyslexia is often not diagnosed until children have started school, yet testing is now available from the age of four-and-a-half years. On top of this many dyslexics also have eye and ear

problems that go undetected, which further exacerbates the problem. Looking at the possible remedies available, such as tinted glasses, nutritional supplements and exercising, and considering the benefits of early identification of dyslexia, this book will be an essential practical resource for both the parents of, and the professionals who work, with people with dyslexia.
