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| 1. Record Nr.           | UNINA9910782884803321   |
| Autore                  | Sharoff Kenneth   |
| Titolo                  | Coping skills therapy for managing chronic and terminal illness<br>[[electronic resource] /] / Kenneth Sharoff  |
| Pubbl/distr/stampa      | New York, : Springer Pub. Co., c2004  |
| ISBN                    | 1-281-96445-X<br>9786611964450<br>0-8261-9741-8   |
| Descrizione fisica      | 1 online resource (206 p.)  |
| Disciplina              | 616.89/142  |
| Soggetti                | Cognitive therapy<br>Adjustment (Psychology)<br>Chronic diseases - Psychological aspects<br>Terminally ill - Psychology   |
| Lingua di pubblicazione | Inglese   |
| Formato                 | Materiale a stampa  |
| Livello bibliografico   | Monografia  |
| Note generali           | Description based upon print version of record.   |
| Nota di bibliografia    | Includes bibliographical references and index.  |
| Nota di contenuto       | Contents; Part I: Coping Skills in Health Care; Chapter 1 Coping Skills Approach; Chapter 2 Strategies and Skills; Chapter 3 Phases in Adaptation; Part II: Coping Skills for Crisis Phase; Chapter 4 Assimilation of Suffering; Chapter 5 Discomfort and Frustration Management; Chapter 6 Identity Management; Chapter 7 Self-Support Training; Part III: Coping Skills for Alienation Phase; Chapter 8 Uncertainty Tolerance; Chapter 9 Bitterness Disposal Training; Chapter 10 Body Accommodation and Disfigurement Neutralization; Part IV: Coping Skills for Consolidation Phase; Chapter 11 Meaning-Making Chapter 12 Limitation ManagementReferences; Index; A; B; C; D; E; F; G; H; I; L; M; N; O; P; R; S; T; V; W |
| Sommario/riassunto      | This practical, hands-on book offers a broad range of skills to overcome the problems medical clients face with disease onset. The author has expanded his Cognitive Coping Therapy (CCT) model of care into the medical arena, and identifies 3 distinct phases in the treatment protocol: Crisis, Consolidation, and Normalization. Each phase constitutes a distinctive set of tasks and each task a set of coping skills. This book details how to implement these skills, with sample  |

case illustrations throughout. Special attention is given to specific illness trajectories and their stresses. ;chapter

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