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Titolo	Family-based treatment for young children with OCD [[electronic resource]] : workbook / / Jennifer B. Freeman, Abbe Marrs Garcia
Pubbl/distr/stampa	Oxford ; ; New York, : Oxford University Press, 2009
ISBN	0-19-027504-9 1-281-99855-9 9786611998554 0-19-970622-0
Descrizione fisica	1 online resource (113 p.)
Collana	Programs that work
Altri autori (Persone)	GarciaAbbe Marrs
Disciplina	616.85840651 618.92/891425
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Note generali	Description based upon print version of record.
Nota di contenuto	Contents; Chapter 1 Introduction to the Treatment Program; Chapter 2 Parent Tools; Chapter 3 Child Tools; Chapter 4 Exposure With Response Prevention; Chapter 5 Therapy Process Issues; Chapter 6 Relapse Prevention; Session Homework Sheets for Parent Tools; Reward Charts; Monitoring Forms; Daily Practice Records
Sommario/riassunto	Young children with obsessive-compulsive disorder (OCD) often require professional help to overcome their symptoms. This workbook corresponds to a treatment program specifically designed for children ages 5-8 and their families. Your therapist will tailor the program to your child's developmental level and family situation. Parents have an important role to play in treatment; you will be attending all sessions and working at home with your child. In therapy, your child will face feared situations without avoidance or rituals until anxiety decreases. This is called exposure with response preven