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Autore	Miklowitz David Jay <1957->
Titolo	The bipolar teen [[electronic resource]] : what you can do to help your child and your family // David J. Miklowitz, Elizabeth L. George
Pubbl/distr/stampa	New York, : Guilford Press, c2008
ISBN	1-60623-758-6 1-281-96314-3 9786611963149 1-59385-846-9
Descrizione fisica	1 online resource (368 p.)
Altri autori (Persone)	GeorgeElizabeth L (Elizabeth Levergood)
Disciplina	616.895 616.89500835
Soggetti	Bipolar disorder
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references (p. 335-348) and index.
Nota di contenuto	What's happening to my teenager? -- A close look at the symptoms -- Getting an accurate diagnosis -- Living with bipolar disorder: what your family can expect -- How did my teenager get this illness? -- Medications for bipolar disorder in teens -- How psychotherapy can help your teenager and your family -- Helping your teen accept ongoing medication treatment -- Family management and coping -- Tools and tactics for preventing mood episodes -- What to do when mania begins -- How to handle depression -- Dealing with suicidal thinking and behavior -- Tackling the school environment.
Sommario/riassunto	Bipolar disorder is difficult at any age, but it can be particularly daunting for teenagers and their families. This book provides information parents can use to help teens cope - and thrive. It helps parents distinguish between the typical ups and downs of teen life and the symptoms of mania or depression.