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Titolo	Handbook of Mental Health and Acculturation in Asian American Families [[electronic resource] /] / edited by Nhi-ha Trinh, Yanni Chun Rho, Francis G. Lu, Kathy Marie Sanders
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Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	Research on Acculturation in Asian American Mental Health -- Acculturation: Measurements and Review of Findings -- Theories and Research on Acculturation and Enculturation Experiences among Asian American Families -- Strengthening Intergenerational/Intercultural Ties in Immigrant Families (SITIF): A Parenting Intervention to Bridge the Chinese American Intergenerational Acculturation Gap -- Acculturation: Recommendations for Future Research -- Clinical Insights on Acculturation in Asian American Mental Health -- The Impact of Immigration and Acculturation on the Mental Health of Asian Americans: Overview of Epidemiology and Clinical Implications -- Assessing Asian American Family Acculturation in Clinical Settings:

Guidelines and Recommendations for Mental Health Professionals -- The A-B-C in Clinical Practice with Southeast Asians: Basic Understanding of Migration and Resettlement History -- Clinical Considerations When Working with Asian American Children and Adolescents -- Acculturation and Asian American Elderly -- Clinical Insights from Working with Immigrant Asian Americans and Their Families: Focus on Acculturation Stressors -- Conclusion -- Erratum.

Sommario/riassunto

Asian Americans are the fastest growing minority group in the United States. When Asian immigrants arrive in the United States, they regularly encounter a vast number of difficulties integrating themselves into their new culture. In *Handbook of Mental Health and Acculturation in Asian American Families*, distinguished researchers and clinicians discuss the process of acculturation for individuals and their families, addressing the mental health needs of Asian Americans and thoroughly examining the acculturative process, its common stressors, and characteristics associated with resiliency. This first-of-its-kind, multi-dimensional title synthesizes current acculturation research, while presenting those concepts within a clinical framework. In addition to providing an in-depth look at both past and present research and offering directions for future topics to explore, the book also offers a range of practical tools such as research scales to measure levels of acculturation, interview techniques, and clinical approaches for special populations including children, the elderly, and their families. Thought-provoking and informative, *Handbook of Mental Health and Acculturation in Asian American Families* will enhance the understanding of the clinical and sociocultural problems Asian Americans face, providing clinicians with all the necessary insights to better care for their patients.
