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Titolo	Attachment theory and research in clinical work with adults [[electronic resource] /] / edited by Joseph H. Obegi, Ety Berant
Pubbl/distr/stampa	New York, : Guilford Press, c2009
ISBN	1-281-96256-2 9786611962562 1-60623-081-6
Descrizione fisica	1 online resource (544 p.)
Altri autori (Persone)	ObegiJoseph H BerantEty
Disciplina	616.85/88
Soggetti	Attachment behavior Psychotherapy
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	An overview of adult attachment theory -- The therapist as secure base -- Attachment, mentalization, and reflective functioning -- Clinical correlates of adult attachment organization -- Using interviews to assess adult attachment -- Self-report measures of adult attachment in clinical practice -- Attachment styles, the Rorschach, and the TAT : using traditional projective measures to assess aspects of attachment -- Internal working models and change -- An attachment approach to adult psychotherapy -- Transference and attachment -- Attachment-related defensive processes -- An attachment perspective on crying in psychotherapy -- Adult psychotherapy from the perspectives of attachment theory and psychoanalysis -- An interpersonal approach to attachment and change -- Attachment theory and emotionally focused therapy for individuals and couples : perfect partners -- Attachment theory and cognitive behavioral therapy -- Attachment-informed psychotherapy research with adults -- From attachment research to clinical practice : getting it together.
Sommario/riassunto	Written with the practicing psychotherapist in mind, this invaluable book presents cutting-edge knowledge on adult attachment and explores the implications for day-to-day clinical practice. Leading

experts illustrate how theory and research in this dynamic area can inform assessment, case formulation, and clinical decision making. The book puts such concepts as the secure base, mentalization, and attachment styles in a new light by focusing on their utility for understanding the therapeutic relationship and processes of change. It offers recommendations for incorporating attachment id
