

1. Record Nr.	UNINA9910782672003321
Titolo	Evolutionary theory and cognitive therapy [[electronic resource] /] / Paul Gilbert, editor
Pubbl/distr/stampa	New York, NY, : Springer Pub. Co., c2004
ISBN	1-281-81127-0 9786611811273 0-8261-2188-8
Edizione	[1st ed.]
Descrizione fisica	1 online resource (209 p.)
Altri autori (Persone)	GilbertPaul
Disciplina	616.89/142
Soggetti	Cognitive therapy Evolution (Biology)
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	Contents; Contributors; Introduction: Evolution Theory and Cognitive Therapy; Part One: Specific Orientations; 1. Evolutionary Approaches to Psychopathology and Cognitive Therapy; 2. Recognizing, Assessing, and Classifying Others: Cognitive Bases of Evolutionary Kinship Therapy; 3. Evolutionary Perspectives on Emotion: Making Sense of What We Feel; Part Two: Specific Disorders; 4. Pessimism and the Evolution of Negativity; 5. Evolutionary Mechanisms of Fear and Anxiety; 6. The Inner Schema of Borderline States and Its Correction During Psychotherapy: A Cognitive-Evolutionary Approach 7. Command Hallucinations: Cognitive Theory, Therapy, and ResearchIndex; A; B; C; D; E; F; G; H; I; J; K; L; M; N; O; P; Q; R; S; T; U; V; W
Sommario/riassunto	The relatively new and controversial evolutionary approaches to psychopathology are examined in this collection edited by Paul Gilbert. Leading contributors explore some of the central evolutionary concepts that may have implications for cognitive theory and practice. The collection also focuses on specific problems where evolutionary-cognitive theory approach has been effective, for example on issues of optimism/pessimism, fear and anxiety, and command hallucinations in psychosis.

