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Altri autori (Persone)	BirrenJames E
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Nota di contenuto	Contents; Contributors; Foreword; Acknowledgments; 1 Biography in Adult Development and Aging; 2 The Meaning/Value of Personal Storytelling; 3 Emotionality and Continuity in Biographical Contexts; 4 Studying Older Lives: Reciprocal Acts of Telling and Listening; 5 Narrative Knowing and the Study of Lives; 6 Competence and Quality of Life: Theoretical Views of Biography; 7 The Fractal Structure of Lives: Continuity and Discontinuity in Autobiography; 8 Narrating the Self in Adulthood; 9 The Complexity of Personal Narratives; 10 Ways of Life: Old Age in a Life History Perspective 11 Experienced Aging as Elucidated by Narratives12 Beyond Life Narratives in the Therapeutic Encounter; 13 Restorying a Life: Adult Education and Transformative Learning; 14 Life Review and Reminiscence in Nursing Practice; 15 Biographical Assessment in Community Care; 16 Autobiography: Exploring the Self and Encouraging Development; References; Index
Sommario/riassunto	Personal life narratives can serve as a rich source of new insights into the experience of human aging. In this comprehensive volume, an

international team of editors and contributors provide effective approaches to using biography to enhance our understanding of adult development. In addition to providing new theoretical aspects on aging and biography, the book also details new developments concerning the practical use of different biographical approaches in both research and clinical work. This is a landmark volume advancing the use of narrative approaches in gerontology.
